

## DAFTAR SINGKATAN

BOLD	: The Burden of Obstructive Lung disease
BB	: Berat Badan
DRT	: Diaphragmatic Release Technique
ET	: Ekspansi Thoraks
Eksp	: Ekspirasi
ERV	: Expiratory Residual Volume
FRC	: Kapasitas Residu Fungsional
FEV1	: Force Expiratory Volume in 1 second
GOLD	: Global Initiative for Chronic of Lung Disease
Insp	: Inspirasi
IRV	: Inspiratory Residu Volume
Kelp.	: Kelompok
PPOK	: Penyakit Paru Obstruktif Kronis
TB	: Tinggi Badan
TEE	: Thoracal Expansion Exercise
VC	: <i>Vital Capacity</i>
VT	: Volume Tidal